



## **Fifty ways to beat COVID-19**

**Don't hop on the bus, Gus,  
Stay away from the pack, Jack,  
Sneeze into your sleeve, Steve,  
To keep virus free.**

**Stop touching your face, Grace,  
Stay back to six feet, Pete,  
Keep washing your hands, Stan,  
And heed CDC.**

**Don't visit your Gran, Jan,  
Wipe down every toy, Roy,  
Don't hoard all the food, dude,  
Please buy sensibly.**

**Just use some Purell, Mel,  
Keep wipes near at hand, man.  
Don't listen to John, Don -  
You don't need more TP!**

**This isn't Spring Break, Jake,  
Stay home if you're sick, Dick,  
Just follow the rules, fools,  
And stay virus free!**